

## **BAYSIDE CLASSICS W/ LETTUCE, TOMATO & MAYO:**

### **SUPER TUNA SALAD 5.95**

Albacore tuna salad, lettuce, tomato and mayo

### **CHICKEN SALAD 4.95**

CHICKEN SALAD, LETTUCE, TOMATO, DELI  
MUSTARD AND MAYO

### **EGG SALAD 4.95**

EGG SALAD, LETTUCE, TOMATO, DELI MUSTARD  
AND MAYO

### **HAM & SWISS 5.95**

HAM, SWISS CHEESE, LETTUCE, TOMATO, DELI  
MUSTARD AND MAYO

### **TURKEY 4.95**

TURKEY, LETTUCE, TOMATO, SPROUTS,  
CARROTS AND BAYSIDE HERB MAYO

### **VEGGIE 4.95**

AVO., LETTUCE, TOMATO, SPROUTS, CARROTS  
AND BAYSIDE HERB MAYO

### **BUILD-YOUR-OWN 4.95**

CHEESE .50

## **GRILLED PANINI:**

### **ROAST BEEF BLUE 6.95**

ROAST BEEF, BLUE CHEESE, TOMATO,  
HORSERADISH & MAYO ON SOURDOUGH

### **PASTRAMI REUBEN 6.49**

PASTRAMI, SWISS, SAUERKRAUT, THOUSAND  
ISLAND DRESSING & DELI MUSTARD ON RYE

### **BAYSIDE TURKEY 6.95**

TURKEY, SUN-DRIED TOMATO SPREAD,  
PROVOLONE & BASIL ON FOCACCIA

## **SPECIALTY SANDWICHES**

### **TURKEY MEATLOAF 5.95**

TURKEY MEATLOAF, CHEDDAR, KETCHUP &  
MAYO ON SOURDOGH

### **MEATBALL SUB 5.95**

ITALIAN STYLE MEATBALLS, MARINARA SAUCE &  
MOZZARELLA ON BAGUETTE

### **VEGGIE BURGER 4.95**

GARDEN BURGER, TOMATO, LETTUCE, ONIONS,  
PICKLES, SPROUTS, MUSTARD, MAYO ON WW  
BREAD

### **VEGGIE WRAPS 4.95**

AVO., TOMATO, LETTUCE, ONIONS, CARROTS,  
SPROUTS & HERB MAYO IN WW TORTILLA

### **ISLAND BAJA 6.95**

SALSALITO TURKEY, PEPPER JACK, AVO.,  
TOMATO & CHIPOTLE SPREAD ON FOCACCIA

### **CORONADO CLUB 5.95**

TURKEY, JACK, AVO., LETTUCE, TOMATO,  
SPROUTS, SUN-DRIED TOMATO BASIL SPREAD  
ON FOCACCIA

## CHICKEN PARMESAN 6.95

CHICKEN BREAST, PARMESAN CHEESE,  
MARINARA SAUCE, MOZZARELLA ON FOCCACIA

## TURKEY WRAP 4.95

TURKEY, TOMATO, LETTUCE, CHEDDAR,  
SPOUTS, CARROTS & SUN DRIED TOMATO  
SPREAD IN A WW TORTILLA

## TO GO SANDWICHES (GRAB & GO CASE)

### THE ARTISAN 6.95

BLACK FOREST HAM, HAVARTI CHEESE,  
HEIRLOOM TOMATOES, DIJON MUSTARD,  
ARUGULA

### SOUTHWESTERN 6.95

CRACKED PEPPER TURKEY, PEPPER JACK  
CHEESE, SPROUTS, CHIPOTLE MAYO,  
TOMATOES

### HABANERO HAM SPECIAL 6.95

HABANERO HAM, PEPPER JACK, SPROUTS,  
CHIPOTLE MAYO, TOMATOES

### TUSCAN GOAT 6.95

SPREADABLE GOAT CHEESE, ROASTED  
TOMATOES, BASIL, TUSCAN TURKEY

### PASTRAMI, TURKEY & SMOKED GOUDA 6.95

PASTRAMI TURKEY, SMOKED GOUDA,  
ARUGULA, TOMATOES, ONION, DELI MUSTARD

## CHICKEN, PROVOLONE, ARUGULA

6.95

CHICKEN BREAST, PROVOLONE, ARUGULA,  
TOMATOES, ONION, HONEY MUSTARD, MAYO

## KIDWICHES

### JR. TURKEY (HALF SANDWICH)

2.50

TURKEY, MAYO

### JR. HAM (HALF SANDWICH)

2.50

HAM, MAYO

### GRILLED CHEESE 2.50

YOUR CHOICE OF W.W., WHITE, SOURDOUGH,  
RYE, 7 GRAIN

### PB&J 2.25



BONEY'S

**BAYSIDE**  
MARKET

155 ORANGE AVENUE  
(619) 435-0776  
WWW.BAYSIDEMARKET.COM

## SOUPS

### MONDAY

SPLIT PEA OR CHICKEN NOODLE

### WEDNESDAY

TOMATO BASIL OR SPLIT PEA SOUP

### FRIDAY

TURKEY CHILLI OR SEAFOOD FRIDAY

### SUNDAY

NAVY BEAN

HALF PINT 1.99

PINT 3.99

### TUESDAY

RED LENTIL OR TURKEY CHILI

### THURSDAY

NAVY BEAN OR CHICKEN NOODLE

### SATURDAY

TURKEY CHILI OR TOMATO BASIL

SEAFOOD FRIDAY HALF PINT 3.50

SEAFOOD FRIDAY PINT 5.99

## SMOOTHIES 4.95

(ALL SMOOTHIES USE BANANAS AS A BASE. NO BANANAS ADD 2.00)

### ORANGE SUNSHINE

W/ O.J., BANANAS, STRAWBERRIES

### STRAWBERRY BAY

W/ APPLE JUICE, BANANAS, STRAWBERRIES

### MANGO MADNESS

W/O.J., BANANAS, MANGO, STAWBERRIES

### BUNNYS DELIGHT

JUICE, VANILLA ICE CREAM, BANANAS, CARROT JUICE

### BAYBERRY BLAST

W/ APPLE JUICE, BANANAS, BLUEBERRIES, STRAWBERRIES

### BANANA BLUE

W/ APPLE JUICE, BANANAS, BLUEBERRIES

### PEACHES & CREAM

VANILLA ICE CREAM, BANANAS, CARROT JUICE

### SOY SHAKE

SOYMILK, SOY DREAM, BANANAS

# SANDWICH CHOICES

## BREAD CHOICE

7 GRAIN  
WHOLE WHEAT  
SOURDOUGH  
FOCCACIA .50¢  
WHITE  
RYE  
BAGUETTE .50¢

## GLUTEN-FREE (OPTION AVAILABLE)

TRY YOUR SANDWICH IN A WRAP

## SPREAD CHOICES

MAYO  
DELI MUSTARD  
YELLOW MUSTARD  
HORSERADISH  
VEGENAISE  
SUNDRIED TOMATO SPREAD  
HERB MAYO

## COLD CUTS

LOW SODIUM TURKEY  
SALSALITO TURKEY  
HAM  
ROAST BEEF  
PASTARMI

## CHEESES .50¢

CHEDDAR  
JACK  
PEPPER JACK  
PROVOLONE  
MOZZARELLA  
WHITE AMERICAN

## ADD ONS

AVOCADO \$1.00  
CARROTS  
CUCUMBERS  
EXTRA MEAT \$2.50